

## Hiking

### **OUTDOOR CODE**

As an American, I will do my best to -  
Be clean in my outdoor manners.  
Be careful with fire.  
Be considerate in the outdoors.  
Be conservation minded

### **LEAVE NO TRACE**

Know before you go  
Choose the right path  
Trash your trash  
Leave what you find  
Be careful with fire  
Respect wildlife  
Be kind to other visitors

**Six Hiking Essentials:** First Aid Kit, Filled water bottle, Flashlight, Trail food, Sun protection, Whistle

### **Lions (Mountain Lion Loop Adventure)**

1. Gather the outdoor items you need to have with you when you go on an outdoor adventure and understand how they are used. Also understand and commit to practicing the buddy system.
2. Learn what SAW (Stay, Answer, Whistle) means. Demonstrate what you can do to stay safe if you become separated from the group when you are outdoors.
3. Demonstrate an understanding of respect for animals and nature when participating in a learning hike.

### **Tigers (Tigers in the Wild Loop Adventure)**

1. With your adult partner, name and collect the Cub Scout Six Essentials you need for a hike. Tell your den leader what you would need to add to your list if it rains.
2. Go for a short hike with your den or family, and carry your own gear.
3. Do the following:
  - a. Listen while your leader reads the Outdoor Code.
  - b. Listen while your leader reads the Leave No Trace Principles for Kids.  
Discuss why you should “Trash Your Trash.”
  - c. Apply the Outdoor Code and Leave No Trace Principles for Kids
4. Find three different kinds of animal signs that show animals have been on the trail. 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

5. Two different kinds of birds that live in your area. 1. \_\_\_\_\_ 2. \_\_\_\_\_
6. Pick out two sounds you hear. 1. \_\_\_\_\_ 2. \_\_\_\_\_
7. Find two different trees that grow in your area. 1. \_\_\_\_\_ 2. \_\_\_\_\_
8. Find two types of plants that grow in your area. 1. \_\_\_\_\_ 2. \_\_\_\_\_
9. Learn more about two animals, and write down two interesting things about them in your *Tiger Handbook*.

### **Wolves (Paws on the Path Loop Adventure)**

1. Show you are prepared to hike safely by putting together the Cub Scout Six Essentials to take along on your hike.
2. Tell what the buddy system is and why we always use it in Cub Scouts.
3. Describe what you should do if you get separated from your group while hiking.
4. Choose the appropriate clothing to wear on your hike based on the expected weather.
5. Before hiking, recite the Outdoor Code and the Leave No Trace Principles for Kids with your leader. After hiking, discuss how you showed respect for wildlife.
6. Go on a 1-mile hike with your den or family. Watch and record two interesting things that you've never seen before. 1. \_\_\_\_\_ 2. \_\_\_\_\_
7. Name two birds, two bugs, and two animals that live in your area. Explain how you ID'd them
8. While on a den or family outing, identify four different types of animals. Explain how you identified them. 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

### **Bears (Fur, Feathers and Ferns Loop Adventure)**

1. While hiking or walking for one mile, identify six signs that any animals, birds, insects, reptiles, or plants are living nearby the place where you choose to hike.
2. Name one animal that has become extinct in the last 100 years and one animal that is currently endangered. Explain what caused their declines.
3. Visit one of the following: zoo, wildlife refuge, nature center, aviary, game preserve, local conservation area, wildlife rescue group, or fish hatchery. Describe what you learned during your visit.
4. Observe wildlife from a distance. Describe what you saw. Use binoculars or periscope.
5. Use a magnifying glass to examine plants more closely. Describe what you saw through the magnifying glass that you could not see without it.
6. Read the Outdoor Code, Leave No Trace Principle and the Six Hiking Essentials.

### **Webelos (Webelos Walkabout Badge Adventure)**

Do all of these:

1. Create a hike plan.
2. Assemble a hiking first-aid kit.
3. Describe and identify from photos any poisonous plants and dangerous animals and insects you might encounter on your hike.
4. Before your hike, plan and prepare a nutritious lunch. Enjoy it on your hike, and clean up afterward.
5. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures.
6. With your Webelos den or with a family member, hike 3 miles (in the country if possible).
7. Complete a service project on or near the hike location. Consider a clean-up event.
8. Perform one of the following leadership roles during your hike: trail leader, first-aid leader, lunch leader, or service project leader.