

# The Do and Don'ts for First Aid Treatment

## DIAGNOSIS



## BURNS



- Never put ice on the burn, as it delay healing or cause extra damage (think frostbite). Also leave the butter in the kitchen, unless you want to make it worse.
- Do not break blisters and attempt to remove the skin, as it can cause infection.



### 1<sup>st</sup> Degree burn

- Put the burn part in cold water.

### 2<sup>nd</sup> Degree burn

- Put cold, wet dressing on burn. Cover the burned part with a loose bandage (or clean washed cotton sheet for a larger area) and go to the doctor.

### 3<sup>rd</sup> Degree burn

- Leave burned clothes on the skin. If the face is burned, keep victim sitting up. Keep airway open, tilt head back. Evaluate burned arms, legs, hands. Keep burn higher than heart. Call ambulance.