

Stopped Heartbeat and Stopped Breathing – HURRY CASES

- Check for signs of life for no more than 10 seconds
- Call 911; try to locate an automated external defibrillator (AED)
- If the victim is a child or infant and you are alone, give 2 minutes of CPR before calling 911
- If the victim is an adult, place the heel of one hand on the center of the chest and the heel of one hand on top of it. Interlock fingers
- If the victim is a child, use one or two hands.
- If the victim is an infant, place the tips of 2-3 fingers on the center of the chest. Give 30 hard and fast chest compressions in about 18 seconds (100 per minute)

